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be seen. be heard.

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Page:	65
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SKINNING CENTRE STAGE

Always make sure your skin care routine is up to date. With the new Shu Uemura Stage Performance collection, you'll have the secrets to backstage beauty in the palm of your hand.

Protein for on-the-go moisture, each product promises to deliver more radiant, barrier-boosting skin. First, purify skin with the Instant Clear Invisible Radiance Mist. Following Cream to entangle and skin, then slip on some of the Super Oil Instant Replenishing Eye Stick here to erase the appearance of fine lines around the eyes and lips. \$35 and \$30 respectively. At the 1.8oz size.



SPEEDING ALONG

Shower may seem like a low-key place to beautify your skin in a pH-balanced hand/foot Spa has opened a new branch at 12 Avenue Road, complete with its usual high-heeled standards. But what we're most in the special features Spa that's a one-hour power-packed spa experience and pedicure. Not enough time? Opt for the 45-minute Spa Foot Pedicure that comes with the option to have your nails painted in the week. \$32. 12 Ave Road, Suite 101. Tel: 461-1111. Open Mon-Fri. Call 416-593-8882. www.shu.com



YOU'VE GOT NAIL

Need a makeover and pedicure in a jiffy? Sport the best-looking film manicure with the new Zephora that dries like a stone. For both the hands and feet, the vibrant shades of yellow, pink, purple, coral and blue add instant colour and shine to nails with one-drying time or overnight. And stick them on, smooth away the extra bits, and you're good to go. To receive, just use your favourite nail-polymerisation. \$17 each. Zephora at shu.com



FARE, NOT BAKE

We all know that tanning is the sun-to-get that bronzed glow is best for you. But if you think you're taking a little too far, hop over to The Barista and try its Spray Tan service. Using a new "sunbake" technology, this certified organic tan from Australia not only gives your skin a healthy glow, but also moisturizes the skin, leaving it looking smooth and supple. Choose from two shades - regular or dark - that can be applied several times if you reach your desired colour. \$38 per session. www.thebarista.com, call 416-593-1343.



HAPPY EVER AFTER

If the art of painting your nails gives you great satisfaction, why not try the new O.P.A. Shellac by Orly collection? A range of six classic shades from yellow, purple, green and yellow, they will brighten your mood instantly. \$12.11 each. In 6.25oz. Orly and select nail salons.